



# Transportation Tips

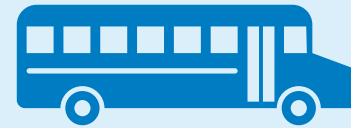
In a large city like Chicago, streets and sidewalks are significantly busier, which increases the risk of pedestrian injuries caused by buses, cars, or bikes. In fact, there were about 185 fatal and nonfatal injuries per week in the United States for children ages 0 to 19 in 2021. Children may not always recognize the risks associated with traffic or prioritize their safety due to their natural curiosity. Therefore, it is crucial to teach your kids to be cautious when commuting. Here are some tips that you and your child could follow.

Every day in the US more than 40 kids are hit by a vehicle while walking, which is more than 15,000 children injured each year.



## PEDESTRIAN SAFETY

- Teach kids to look left, right, and left again before crossing the street.
- Remind kids to put their devices down before crossing the street.
- Children under 10 need an adult to walk with them. Most kids are unable to judge the speed & distance of oncoming cars until age 10.
- Always choose sidewalks and cross the streets at designated corners using traffic signals and crosswalks. If there are no sidewalks, walk on the left side of the road, facing traffic.



## SCHOOL BUS SAFETY

### Before the bus arrives

- Wait with your kids until the bus arrives.
- As the bus approaches:
  - Stand 3 big steps away from the curb.
  - Wait until the bus comes to a full stop.
  - Board the bus in a single-file manner.

### When the bus is here

- Teach kids to use handrails when boarding or exiting the bus. Falls can be serious, especially for younger children.
- If crossing the street after leaving the bus, tell them to:
  - Take 5 big steps ahead of the bus.
  - Make eye contact with the driver.
  - Cross when the driver signals it's safe.

1. 1) "Traffic-Related Pedestrian Injuries among Children." Safe Kids Worldwide, 8 Aug. 2023, [www.safekids.org/fast-fact/traffic-related-pedestrian-injuries-among-children](https://www.safekids.org/fast-fact/traffic-related-pedestrian-injuries-among-children).



SAFEKIDS.ORG



AAP.ORG

